

Dedicated. Caring. *ffere.*

3 BOONE COUNTY HEALTH CENTER & MEDICAL CLINICS



2016 Baby Book

# Notes: My Doctor Says

## RECOMMENDED IMMUNIZATIONS FOR CHILDREN FROM BIRTH THROUGH 6 YEARS OLD



## WELL CHILD VISIT SCHEDULE

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> 1 week<br><input type="checkbox"/> 1 month<br><input type="checkbox"/> 2 months<br><input type="checkbox"/> 4 months<br><input type="checkbox"/> 6 months | <input type="checkbox"/> 9 months<br><input type="checkbox"/> 12 months<br><input type="checkbox"/> 15 months<br><input type="checkbox"/> 18 months<br><input type="checkbox"/> 2 years | <input type="checkbox"/> 3 years<br><input type="checkbox"/> 4 years<br><input type="checkbox"/> 5 years<br><input type="checkbox"/> 6 years |
|--|---|--|

Most insurance companies cover Well Child visits so take advantage!

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 • JASON D. STACE, PA-C  
 • CHRISTY HARRIS, PA-C  
 • DEBORAH KELLY, PA-C  
 • HELEN HORN, PA-C  
 • COURTNEY HODGES, PA-C

NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 AGE \_\_\_\_\_  
 DOB \_\_\_\_\_  
 DATE \_\_\_\_\_  
 RX \_\_\_\_\_  
 PHARMACY \_\_\_\_\_

Follow Immunization  
 And  
 Well Child Visit Schedule!



My very own book from BCHC  
 Read Out and Read program!

January



Taryn Grace King  
1-29-14

February



Eryn Kaitlin Fox  
2-6-14

# It's A Girl!



March



Thalia Elizabeth Jasper  
3-1-14



Anna Marie Elizabeth  
3-1-14

April



Elle Raine Wilson  
4-2-14



Audrey Kathryn Lewis  
4-7-14



Savvy Grace Claire O'Boyle  
4-12-14



Adison Frances Sherry  
4-22-14



Lucy Jane Wetmore  
4-22-14



Maria Rose and Isabella Elizabeth McPhilips  
4-24-14

May



Adylyn Cola Kay Luskington  
5-2-14



Nori Ann Flanagan  
5-8-14



Payne Madeli Harmon  
5-14-14



Alison Annie Mitchell  
5-20-14



Laurica Diane Miller  
5-22-14



Lemon Haley Small  
5-25-14



Bryndie Anne Hazel  
5-26-14

June



Addison Maria Kinney  
5-30-14



Aayyan Eric Payne Johnson  
5-31-14



Bailey Grace Sutton  
5-31-14



Annabelle Sophie Barzillai  
5-4-14



Morgan Nicole Michael  
5-6-14



Ciara Naomi Donchedu  
5-8-14



Avanion Loranna Kenner  
5-14-14

c May



Eliza Grace Thornton  
5-17-14



Eliza Marie Dahl  
5-23-14

c June



Lily Rae Laddina  
6-3-14



Genacio Peige Vachardou  
6-9-14



Myla Adela Haidereshki  
6-10-14



Karyn Willow Thorne  
6-10-14



Marlynn Paige Schreier  
6-25-14

c July



Dibra Isaha Olson  
7-2-14



Isabella Lynn Peterson  
7-10-14

c August



Avery Marie Mere  
8-20-14



Haylie Corinna Hupp  
8-29-14



Emma Lucy Brink  
9-2-14



Josephine Raye Crouse  
9-4-14



Paisley Nicole Leyton  
9-8-14

c October



Estavan Hank Edmonson  
10-2-14



Mariah Elizabeth Mace  
10-5-14



Shelly Pearl Kamann  
10-6-14



Quinn James Lee  
10-20-14



Hadley Konnie Boudre  
11-4-14



Ava Lynn Robbin  
11-5-14



Sydneylee Norel Miller  
11-22-14

c November



Trinity Marie Schreier  
12-3-14



Norah Charlotte Klemmrich  
12-4-14



Ryleigh Makenna Young  
12-18-14



Amareus Avanlynn Nelson  
12-24-14



Conley October Zaucha  
12-28-14



January



Austin Paul Heilemann  
1-18-16



Noah Ryan Boner  
1-18-16

# It's a Boy!



February



Hunter Davis Strickley  
2-12-16



Beckett Daniel Stayhalter  
2-10-16



Carter Jeffriny Schewartz  
2-9-16



Barnett Louis Indulek  
2-9-16



Dawson Clayton Peeler  
2-10-16



Noah Roger Stowell  
2-16-16



Jonathan Rachael Baard  
2-16-16

February



Kendyll Michael Jacob  
2-22-16



Chase William Vuk  
2-22-16



Tayson Gene and Cayton Conner Bo-Horn  
2-27-16



Caleb John Krohn  
3-1-16



Elijah Gene Lane Jacobs  
3-1-16



Axton Mitchell Koch  
4-1-16

April



Carter Camren Suhell  
4-21-16



Thomas Michael Suhell  
4-22-16



Benjamin Joseph Novack  
4-29-16



Hudson Tanner Carr  
5-2-16



Collyn Joseph Martin  
5-3-16



Lucas Christopher Mauch  
5-3-16



David Henry Lundin  
5-6-16

May

May



Sage Thomas Vandewalle  
5-1-16



Kolie Joann Steemann  
5-8-16



Kelley Jewel Nauert  
5-8-16



Dakota Daniel Nolan  
5-10-16



George Christopher Hinny  
5-10-16



Adora Joel Kay  
5-22-16



Chadd Allen Boschen  
5-24-16

July



Spencer David Kunkin  
7-4-16



Hunter Steven Myers  
7-11-16



Oscar Jesus Russell  
7-17-16



Dakota Devon Bennett  
7-18-16



George Eric Deasey  
7-20-16



Kaitlyn Kay Eutschau  
7-25-16



Jay Lincoln Gerhart  
7-26-16

August



Dakota Devon Bennett  
8-1-16



George Eric Deasey  
8-1-16



Kaitlyn Kay Eutschau  
8-5-16



Jay Lincoln Gerhart  
8-26-16

September



Elizabeth William Prentiss  
9-2-16



Jackson Boone Boner  
9-3-16



Caden Daniel Moser  
9-5-16



Boyd Allen Spitzer  
9-10-16



Braylon Marshall Standley Jr.  
9-12-16



Franklin Joseph Kovalcik  
9-14-16



Luan Thomas McCurdy  
9-25-16

October



Grayson Arthur Cross  
10-6-16



Robert James Linsley  
10-14-16



Judd Larrison Schnader  
10-14-16



Quincy Edward Salack  
10-16-16



Cooper Jack Seier  
10-18-16



Maximus John Terrien  
10-20-16



Brycen Leonid Peckler  
10-22-16



Ty James Kinterugh  
10-27-16

November

# My Birth Story

When Stephanie Beckwith came in for a routine cesarean on the morning of March 1st, she had no idea she'd be fighting for her life by the end of the day. "I was scheduled for a c-section because our other two kids were c-sections," Stephanie explained. "The delivery went well, and we named our daughter Anna Marie, because both names are on both sides of the family."



Then, in recovery, Stephanie's surgery nurses noticed warning signs of bleeding and notified her doctors, beginning the chain of events that would save Stephanie's life. "All the departments involved collaborated so well together in caring for me," Stephanie remembered. "They were consulting with the Omaha doctors too. At that point, I was really concerned, because I realized my baby and I were probably going to have to be separated, which was one of my worst fears."

Stephanie's in-laws graciously offered to care for baby Anna in Albion as well as older siblings, Corley age seven and Ross age two. This would make it possible for Stephanie's mother and her husband Jeff to meet her in Omaha. Stephanie gratefully accepted their help and her inner strength kicked in as they made arrangements.

That strength would see Stephanie through many doses of medications and blood product transfusions, as the team worked diligently to stabilize her. Finally, she was taken by helicopter to Methodist Women's Hospital in Omaha where she could get the specialized surgery needed to stop the bleeding.

"The power of prayer is unbelievable," Stephanie said. "I was on more prayer chains and prayer requests than I'll ever know. I said the Lord's Prayer the whole time on the flight from Albion to Omaha. Between that and my confirmation verse, Isaiah 40:31, I just couldn't remember anything else."

But they that wait upon the Lord shall renew their strength, they shall mount up with wings as eagles,  
they shall run, and not be weary, and they shall walk, and not faint. (Isaiah 40:31)

"Stephanie had developed disseminated intravascular coagulation (DIC), a rare but life-threatening complication where the blood doesn't clot properly," explained Dr. Toni Bodell, OB Medical Director. "On a state and national level, postpartum bleeding is on the rise. This may be due to a number of things, including the increased rate of c-sections. Unfortunately, it is often difficult to predict in advance, which makes it even more important for facilities to be prepared at every delivery."

# Hemorrhage Team

So while Stephanie walked in the door that morning expecting a routine c-section, behind the scenes, Boone County Health Center was well-prepared for this type of serious complication with a specialized Hemorrhage Team and a hemorrhage cart put together by Dr. Dodds and OB Nursing Director Doreen Johnston. "The cart has all of the policies and procedures for hemorrhage," Doreen explained. "All of the directions for medications, emergency supplies, fluids, chest sheets... everything the doctors would need."

"The fact that we have this cart is incredibly proactive. In a high-stress situation, it's a well-laid-out plan at your fingertips," said Dr. Lynette Koenig, Chief Medical Officer and Stephanie's Primary Care Physician. "All we ever want is a good outcome - healthy mom and healthy baby. We develop such close relationships with our patients, especially OB, because we see them so often over the course of nine months. When complications arise, we don't take them lightly."

In fact, every case is reviewed by the entire team. "We debrief - look at what we did well and what we can do better next time," explained Dr. Dodds. "We're constantly working to provide the best care possible for our patients. Methodist Women's Hospital has been a great partner for us, offering 24/7 telephone support. Their perinatology staff also visits periodically to provide training and education so we stay updated on best practices."

"My situation could have happened anywhere," Stephanie said. "I'm just thankful it happened in Albion because of the quality of care. I wasn't just a number, I was their family, friend, and neighbor. I knew everyone at the hospital cared about me, my baby, and my family."

"When I came home, the health center provided home health care. I was amazed at the services they could offer right at my own home. I wouldn't have recovered as fast or to the extent I did without their help."

Unfortunately, many women with OB bleeding complications do not survive. "I feel like I have my second lease on life," Stephanie said. "This is my chance to be the best wife, mom, daughter and friend I can be, and I wouldn't change anything for the world."

"So many times we take for granted the little, non-exciting times of life - reading to our kids or putting them to bed. But those ARE the times of life. Those are the things we have to relish. Before, I used to rush through those things to get to what I thought was more important at the moment laundry, dishes, work... Now it's the opposite."



Stephanie and Anna are both doing well. Anna is a happy, healthy 10-month old with a big sister and big brother who love her and a Mom and dad who cherish every moment.

\*Story and names used with permission of Stephanie Jenkins.



Pictured: Clark, CNA; Katie Johnson, CNA; Jane Dodds, MD; Patrick Meyer, PharmD; Doreen Johnston, RN & OB Supervisor; Amy Oines, RHT; Pett Meyer, RN. Not pictured: Steve Woods, CRNA; Jill Nore, PharmD; Kim Michael, RN; Valerie Slawski, SW; and Barb Schleicher.